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Modern Family Medicine 7522 E. 1st St, Scottsdale, AZ 85251 P (602) 363-1631

## **New Patient Intake Forms** This information will be scanned into the electronic medical record.

Date:\_\_\_\_\_

Patient Information						
Name:						
Preferred Name:	Sex:					
DOB:	SSN:					
Home Address:						
City:	State:	Zip:				
Home Phone:	Cell Phone:					
Email:						
Occupation:						
Referred by/How did you find us?						

Insu	irance	Information		
Primary insurance company:		policy #:		group#:
Secondary insurance company:		policy #:		group#:
Party responsible for payment's home addres	ss:			
City:	State:		Zip:	
DOB:	_	SSN:		
Employer:		Relationship to	patient:	
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Preferred Pharmacy	
Pharmacy:Address:	
Phone Number:	

I agree to be responsible for any charges for services and materials supplied by Modern Family Medicine and its providers for the above patient.

Patient acknowledgement (Signature)

# **Personal Health History**

Previous Primary Care Provider:	Last seen:
Name of Practice:	Phone Number:

(Date)

## Please list all providers you've seen below:

Provider Name	Practice Name/Address/Phone Number	Specialty

### Medications

Please list all prescribed and over-the-counter medications you take regularly. *Please include all supplements, vitamins, or herbal products.* 

Medication	Dose	Frequency	Medication	Dose	Frequency

# Allergies to Medications

Do you have medication allergies?  $\Box$  Yes  $\Box$  No If yes, please list:

Medication	Reaction	Medication	Reaction

## Substance Use

Product	Current Use? Yes/No	Quantity Per Day	Quantity Per Week	Past Use? Yes/No	Concerns about your usage?
Tobacco					
Electronic Cigarettes/ Vape					
Alcohol					
Recreational Drugs					
Medical Marijuana					
Caffeine					
Other:					

## **Current Medical Conditions**

Past Medical/Surgical History

(ex: diabetes, heart disease, hypertension, etc.)	Date:	(ex: hospitalizations, illnesses, surgeries, etc)	Date:

# **Gyn/Obstetrical History**

	Yes/No	Date:		Yes/No	Date:
Vaginal birth			Miscarriage/Stillbirth		
Cesarean section			Pregnancy termination		
Abnormal pap			Other GYN procedures		

### **Preventative Health**

**Do you routinely wear a seat belt?** □Yes □No

Testing:	Date:	Vaccines:	Date:
Pap/pelvic Exam		Tetanus Vaccine (Td, Tdap)	
Mammogram		Pneumonia Vaccine	
Colonoscopy		Zoster (Shingles) Vaccine	
Last wellness		Hepatitis A or Hepatitis B	
Last lab work		Covid Vaccine	
Prostate Specific Antigen		MMR	
Bone Density (Dexa)		Gardasil (HPV)	
Eye Exam		Flu vaccine	
Cardiovascular Stress Test		Other	

# Family History (Have close relatives had the following?)

	Yes	Indicate which relative and maternal or paternal side	Still living?
Genetic Disorder			
Heart Attack			
High Cholesterol			
Thyroid Disease			
Cancer- specify type			
Kidney Disease			
Osteoporosis			
Rheumatoid Arthritis			
Asthma			
Mental Health Disorder			
Substance Abuse			
Stroke			
High Blood Pressure			
Dementia			
Alzhimers			
EDS/Hypermobility			
Other			

# **Review of Systems**

Please check any of the following <u>current</u> symptoms (within the past 3 months).

General	Gastrointestinal	
Fever	Diarrhea	
Sweats at night	Constipation	
Hot flashes	Heartburn	
Temperature intolerance	Nausea	

Excessive thirst	Blood in stool		
Fatigue	Genitourinary		
Sleep difficulties	Pain or burning on urination		
Daytime sleepiness	Frequent urination		
Unplanned weight change	Waking to urinate at night more than once		
Skin	Excessive urination		
Rash	Difficulty emptying bladder		
New or changing moles	Urinary incontinence		
Eves	Decreased sexual desire		
Pain	Pain with intercourse		
Redness	Sexually transmitted disease		
Vision changes	Fertility issues		
Ear, Nose, Throat	Men:		
Hearing loss	Erectile dysfunction		
Ringing in ears	Women:		
Dizziness or vertigo	Heavy vaginal discharge		
Bleeding gums	Heavy menstrual bleeding		
Nosebleeds	Painful menstrual periods		
Breast	Irregular menstrual bleeding		
Breast pain	Musculoskeletal		
Masses and or lumps	Generalized all over pain		
Nipple discharge	Joint pain		
Cardiovascular	Stiffness		
Chest pain	Joint swelling		
Heart murmur	Joint redness		
Irregular heart beat (palpitations)	Back pain		
Leg swelling or edema	Neck pain		
Pulmonary	Hypermobility		
Wheezing	Neurological		
Shortness of breath	Abnormal gait (trouble walking)		
ronic cough Falls			
Hematopoietic	Headaches		
Swollen lymph glands	Migraine		
Blood clots	Seizures		
Excessive bleeding	Muscle weakness		
Psychological	TIA		
Mood swings (describe)	Stroke		
Anxiety	Fainting or loss of consciousness		
Depression		Localized numbness	
Memory loss	Tingling/Neuropathy		

### What health issues do you want to focus on during this visit?

#### **Trauma History**

Have you ever been the victim of trauma or abuse including sexual, emotional, physical abuse, or neglect and/or being the victim of an accident, violent crome, or a natural disaster?  $\Box$  Yes  $\Box$  No Is this an active issue in your life that you would like to address while you are here?  $\Box$  Yes  $\Box$  No

# **Nutrition History**

Please list everything you ate or drank in the last 24 hours:

Morning:
Afternoon:
Evening:
Snacks:

Please list any food allergies (that were treated with antihistamines or Epi-pen)

Reaction
Please list any food sensitivities
Reaction
Do you currently or have you ever had a problem with weight or eating? $\Box$ Yes $\Box$ No
If yes, please describe:
Are you comfortable with your relationship with food? $\Box$ Yes $\Box$ No
Do you feel knowledgeable about your nutrition needs? $\Box$ Yes $\Box$ No

### Movement, Exercise, and Rest

Activity	How often?	How long each time?

How many hours of sleep do you usually get each night?\_\_\_\_\_\_ Do you have any sleep issues? If yes, please describe.\_\_\_\_\_\_

## **Physical Environment**

Do you have specific health concerns about your current home or environment? (Quality of air, water, etc.)?

Have you had hazardous environmental or occupational hazards? If yes, please describe.

### **Relationship History**

Relationship Status: \_\_\_\_\_ If married or partnered, what is your relationship length?\_\_\_\_\_

Are you sexually active? $\Box$ Yes $\Box$ No Are you happy with your sexual
life?
Number of children and ages?
Do you want to have or have more children? $\Box$ Yes $\Box$ No
Do you use birth control? $\Box$ Yes $\Box$ No If no, are you interested in
Occupation History
Current or Past Occupation:
Still working?
Are you happy with your occupation?
Spirituality
Do you have a racial/cultural heritage that is important to you?
Do you identify with a specific religion? $\Box$ Yes $\Box$ No If so, which one?
What things or activities bring you your greatest joy and meaning?

# **Mind-Body Connection**

Rate the amount of stress in your life:  None  A Little Bit  Moderate  Quite a Lot  Extreme
How well do you manage stress?:  Not at all A Little Bit Moderate Quite Well Excellent
What are the main sources of stress in your life?
What are your methods of coping with stress?

What things create the greatest challenges for you?\_\_\_\_\_

#### **Health Goals**

What are your overall goals for improving your health and your life?

#### **Modern Family Medicine**

#### Notice of Privacy Practices Acknowledgment Form HIPPA

I acknowledge that I have received a copy of the Modern Family Medicine notice of privacy practices and have had an opportunity to review it. I have also been given an opportunity to request restriction on the use and disclosure of my protected health information, as well as to request confidential treatment of communications relating to my health information.

Patient acknowledgement (Signature)

(Date)

#### Consent for Purposes of Treatment, Payment, and Healthcare Operations

I understand that as a condition to my receiving treatment from Modern Family Medicine, Modern Family Medicine may use or disclose my personal identified health information for treatment to obtain payment for the treatment provided and as otherwise necessary for the operations of Modern Family Medicine. These uses and disclosures are more fully explained in the Notice of Privacy Practices that has been provided to and reviewed by me. While I am here, I permit the employees, doctor, and all other persons caring for me to treat me in ways they judge are beneficial to me. I understand the attending physician will explain to me the nature of my condition, his or her recommended treatment and any associated risk involved. I also understand that he or she will explain to me other ways this condition could be treated. I further understand that this care may include diagnostic testing, examinations, and medical and/or surgical treatment, and that no guarantees have been made to me about the outcome of this care.

"Personal identifiable health information," refers to health and demographic information collected about me by my physician (or other health care provider, public health authority, health plan, employer, life insurer, school or university, or health care clearinghouse) that relates to my past, prest, or future physical or mental health or conditions of payment for provision of healthcare. The information identifies me, or there is a reasonable basis to believe that the information identifies me.

I understand that privacy practices described in the Notice of Privacy Practices may change over time and that I have a right to obtain any revised Privacy Notice by contacting Modern Family Medicine to make such a request. I may receive a revised Notice of Privacy Practices by calling the office and requesting a revised copy by mail or by asking for one at my next visit.

I also understand that I have the right to request Modern Family Medicine to restrict how my health information is used or disclosed. Modern Family Medicine does not have to agree to my request for the restriction, beautiful Modern Family Medicine does agree, Modern Family Medicine is bound to abide by the restriction agreed.

I understand that Modern Family Medicine participates in an organized health care arrangement consisting of greater Phoenix metropolitan area hospitals as well as physicians who have medical staff privileges at one or more of these hospitals. Participants in this arrangement work together to improve the quality and efficiency of the delivery of healthcare to their patients. As a participant in this arrangement, we may share your PHI with other members of this arrangement for purposes of treatment, payment or the health care operations of this organized health care arrangement.

Finally, I understand that I have the right to revoke/withdraw this consent, in writing at any time. My revocation/withdrawal will be effective except to the extent that Modern Family Medicine has taken action in reliance on my consent for use of disclosure of my health information. Provision of future treatment may be withdrawn if I withdraw my consent.

Patient acknowledgement (Signature)

(Date)

#### Medicare lifetime consent & Medicaid

I certify that the information given by me in applying under Title XVII of the Social Security Act is correct, and I authorize any holder of medical or other information about me to release it to the Social Security Administration or its intermediaries or carriers as needed for this or a related Medicare claim. I assign the benefits payable for the physician services to the physician or organization furnishing the services or authorize such physician or organization to submit a claim to Medicare for payment to me.

Patient acknowledgement (Signature)